



Courage to Speak - Courageous Parenting 101[®]

ALL PARENTS ARE ENCOURAGED TO PARTICIPATE

Courage to Speak - Courageous Parenting 101[®]

And Our New Updated Course

Courage to Speak[®] - "Parenting through the Opioid Crisis"

The Courage to Speak[®] Foundation, Inc. has developed two FREE programs for PARENTS that will provide tools to keep their children safe from drugs and other risky behaviors.

Program Begins with - Courage to Speak[®] Presentation presented by Ginger Katz telling her powerful story of her son's losing battle with substance abuse, and *two sessions*:

Session I - Courageous Parenting 101 – Facilitator - Larry Katz - Co-founder Courage to Speak Foundation, BA Psychology, MS Nutrition

- Teen Drug Use Trends & Party Culture
- Psychological Consequences of Drug and Abuse and Addiction
- Dangers of Enabling & Submissive Parenting
- Practical Steps if you Suspect Drug/Alcohol Use

Session II - The Opioid Crisis - Facilitator - Carlos Reinoso Jr. MSMOL, BHCC

- Warning Signs and Symptoms of Drug Use
- Communication and Listening Strategies
- Addiction and its Physiological Consequence
- Abuse and Misuse of Over-the-Counter and Prescription Medications
- Latest Information about the Opioid Epidemic/Parent Resources

A light dinner will be served at 5:30pm during both sessions. Child care will be available with reservation

Date: Tuesday, November 14th & Thursday, November 16th at 6:00pm
Place: West Rocks Middle School – 81 West Rocks Road, Norwalk, CT
Register: Call 203-831-9700 or e-mail: gkatz@couragetospeak.org

REGISTER ONLINE: <http://www.couragetospeak.org/WestRocksOnlineRegistration2017.aspx>

Courage to Speak[®] Foundation - www.couragetospeak.org
Opioid Support Access Line: 1-800-563-4086
www.ct.gov/dmhas/opioidresources